

2010 National Championships

COMPETITION RULES

Date/Venue:

The competition will be held at St Aloysius on the **5th of December 2010**.

Technical Information

▪ Junior Dragons: 2001 & after (up to 9 years old)

The Junior Dragons will show judo skills learned during their judo lessons. The children will also Participate in judo game competitions.

Fee: € 6 Competition Time: 09:30 hrs – 11:00 hrs

▪ Senior Dragons: 1999 -2000 (10 - 11 yrs)

Fee: € 6 Competition Time: 09:30 hrs – 11:00 hrs

Rules: same as Espoir Duration: 1 minute Golden Score: 30 seconds

Categories: to be set according to inscription and weigh in of athletes

Weigh In & Registration: Saturday 4th December 12:30hrs – 13:30hrs @ the Band's Room, Pembroke

▪ Espoir: 1996 – 1998 (12 – 14 yrs)

(If the club leader deems that judoka aged 11 are of good standard to compete in the Espoir should contact the

MJF to register them) (14 year olds are encouraged to compete in the cadet cat as well - those born in 1996 will be

cadets in 2011)

Fee: € 8 Competition Time: 11:00 hrs

Duration: 3 minute Golden Score: 1 minute

Categories: Girls: -32, -36, -40, -44, -48, -52, -57, -63, +63

Boys: -34, -38, -42, -46, -50, -55, -60, -66, +66

Weigh In & Registration: Saturday 4th December 12:30hrs – 13:30hrs @ the Band's Room, Pembroke

Rules: Senior Rules + the following special rules for Espoir (after first warning penalty):

- No Strangles & Arm locks
- Kumikata (grip) before Hajime (start)
- Matte on break of Kumikata by both competitors
- Action on Knee; Grips below belt; Arm around neck; Makikomi & Sutemi

▪ Cadets: 1996 – 1998 (14 – 16 yrs)

(16 year olds are encouraged to compete in the junior cat as well as - those born 1994 will be juniors in 2011)

Fee: € 10 Competition Time: 11:00 hrs

Duration: 4 minute Golden Score: 2 minute

Categories: Girls: -40, -44, -48, -52, -57, -63, -70, +70 Boys: -50, -55, -60, -66, -73, -81, -90, +90

Weigh In & Registration: Saturday 4th December 12:30hrs – 13:30hrs @ the Band's Room, Pembroke

Rules: Senior Rules + the following special rules for Cadets:

- Application of Kansetsu Waza is prohibited: The referee will stop the action if any of the athletes

try to apply Kansetsu waza and there will be no penalty. If Tori applies Kansetsu waza a second time, he is given direct hansoku make and he is not allowed to continue the competition.

- Application of Shime waza is allowed: An athlete who has lost consciousness due to Shime waza is

not allowed to continue the competition.

- If an athlete is given direct hansoku make according to the IJF rule forbidding grips under the belt,

he is allowed to continue the competition.

- **Juniors: 1991 – 1995 (15 – 19 yrs)**

Fee: € 10 Competition Time: 11:00 hrs

Duration: 5 minute Golden Score: 3 minute

Categories: Girls: -44, -48, -52, -57, -63, -70, -78, +78 Boys: -55, -60, -66, -73, -81, -90, -100, +100

Weigh In & Registration: Saturday 4th December 12:30hrs – 13:30hrs @ the Band's Room, Pembroke

Rules: Senior Rules

- **Seniors: 1995 and before (15 yrs and over)**

Fee: € 10 Competition Time: 11:00 hrs

Duration: 5 minute Golden Score: 3 minute

Categories: Women: -48, -52, -57, -63, -70, -78, +78

Men: -60, -66, -73, -81, -90, -100, +100

Weigh In & Registration: Saturday 4th December 12:30hrs – 13:30hrs @ the Band's Room, Pembroke

Rules: EJU / IJF Refereeing Rules including rules launched in 2010:

- *Grips of legs and blocking:*

FORBIDDEN: All direct attacks or blocking with one or two hands or with one or two arms below the belt are prohibited. Simultaneous or quasi-simultaneous attacks with grips of legs are

prohibited. *Punishment : HANSOKUMAKE*

AUTHORIZED: Grips of legs in sequence of technique. Grips of legs are authorized after a technique if it's real and well differentiated in the time. (Real technique is a technique whose intention is to make fall. It's the contrary to the false attack).

AUTHORIZED: Grips of legs in counterattack. Grips of legs in counterattack are allowed. These counterattacks are allowed only within a sequence (continuity) of techniques started by the opponent. The principles of Go No Sen. (Counterattack). Without bodies contact the grip of leg(s)

is prohibited.

EXCEPTION: Grip of leg is authorized when the opponent is in the position of cross guard.

PROHIBITED: In a normal Kumi-Kata

position to escape by passing the head under the opponent's

arm, then by gripping the leg is prohibited. *Punishment : HANSOKUMAKE*

- *Extreme Defensive Position – shido*

- *refusal of Kumi-Kata grasp – shido*

- *blocking by Kumi-kata with repulsing or crushing – shido*
- *false attacks – shido*

Medals

Medals will be presented to athletes placing 1st, 2nd and 3rd in each category, who have at least one win.